

## MEETING MINUTES

Thursday, September 28, 2017

1:00 – 3:00PM

FVCDC Plaza at 105 – 32868 Ventura Ave

**Present:** Raven Little, Camilla Boisvert, Becky Moore, Jolene Greyeyes, Shakira Miracle, Karen McLean, Kathleen Praxl, Bev Olfert, Kim Riddell, Laura-Dawn Wilkin, Donna Simon, Joyce McElhoes, Simone Maassen, Cheryl Havens, Dave Wiebe, Jelisa Fast

### **1. Welcome: Round table introductions**

### **2. Presentation from Guest Speaker, Jolene Greyeyes**

- Jolene shared her story that spanned from childhood, drug use, time on the streets of Vancouver, her children, parents, recovery and her life now.
- We need to listen to the voices of the individuals who have experienced something and take the advice from them. People need to be willing to take a risk on someone and to never give up on themselves.

### **3. Opportunity to highlight your upcoming child, youth, and family focused events/workshops.**

- Abbotsford Youth Commission: Free dinner nights for youth (12-18) twice a month at MRC and ARC. The next dinner is September 29 at MRC. On October 31, there will be a Halloween make-up challenge for youth to participate in.
- Central Abbotsford Community School: Abby Talks – a free *Ted Talks* style designed to challenge and motivate students to be more hands-on for their education and to find their personal success. It's an 8-week program with break-out sessions. Program will run three times on October 4, January 17 and April 11. Students can register online for free.
- The Reach Gallery: Hosting a canvas art project on October 11 from 4-6PM. This is for Girls Day and all ages are welcome, boys are also invited.
- Xyolhemeylh: There are 4 programs starting in October.
  - i. Tool Time Youth Program: Tuesdays 3-5PM (Oct 3-Nov 28), ages 12-18
  - ii. Cultural Connections: Wednesdays 6-8PM (Oct 4-Nov 22), families
  - iii. Find Your Gift: Wednesdays 10AM-12PM (Oct 4-Nov 22), women



### *Listening to the Voices*

- iv. Traditional Kitchen: Mondays 4:30-7:30PM (Oct 16-Dec 4), parents/caregivers and children ages 8+
- Abbotsford Community Services
  - i. **Youth Resource Centre:** LifeChat(s) group for youth ages 16-25 with a background of youth agreements, independent living or foster care. Starts on September 18 from 3-5PM. Free snacks, quality conversation and making crafts for cash to sell at craft markets.
  - ii. **Foundry:** Youth-Family Inclusion (Y-FI). Youth ages 12-24 and parents to meet Wednesdays 5:30-7:30PM and IMPACT office. Currently working on a Podcast surrounding Social Isolation and the Power of Words (positive and negative).
- Fraser Valley Child Development Centre: Self-regulation series by Mike McKay, sponsored by the Abbotsford Early Childhood Partners Table, on emotional wellness and competencies. September 28 is the start of the first session and there is a full house with 160 registered. The last session will be in January.
- Gambling Presentations: are available to schedule and the curriculum can be distributed. There have been community initiatives on the 7 Sacred teachings this past summer. The introduction of all 7 teachings are available to youth and parents.
- International Youth Workers' Conference: will be taking place in Richmond from May 2-4, 2018. There will be a variety of workshops. Go to **CYCABC.com** to register.
- Collective Impact Forum: This is by invitation and City of Abbotsford, Fraser Health, MCFD, School District of Abbotsford, ACS, Division of Family Practice will be in attendance. The event is on October 16 from 1-4:30PM and the topic will be on fostering social connectedness, resiliency, relating, exercise and awareness. We need to change the conversations, build momentum in Abbotsford and bring it to the centre. We are working together on this as a community. The final agenda for the forum will be ready next week.
- Character Abbotsford Conference: is being held on October 20 at Abbotsford Senior. The conference will be around *making your mark* and your *character*. Tickets are available online.



### *Listening to the Voices*

- Walking Forward Together Conference: is being held on October 20 at Yale Secondary from 8AM-2:30PM. Tickets are \$50 and are available online.
- Jesters Theatre in Mission: Youth will be acting out *The Lion, The Witch and The Wardrobe*. Visit [jesters.ca](http://jesters.ca) for show times and tickets.
- Abbotsford Hospice: Youth age 12-24 who have grief and loss trauma can attend the *Fall into Art* event at the Clay Cottage. They can attend this free event on October 19. Contact Abbotsford Hospice to register.

#### **4. Updates from ACYC Tables:**

- Early Years Table
  - Early Years has taken a step back from past activities and explored how they can have a greater impact for young children. They developed a new strategic plan with a focus on building capacity within the community to support positive developmental outcomes for children. A parent, family and professional education series is being launched this fall. We need to build and layer on and educate of the science of developmental outcomes for children. The basic need subcommittee is creating links to services for families. This information needs to get out to the community.
  - The Kindergarten Readiness Subcommittee is looking at: What's the classroom setting like? Are the teachers ready? What's the transition into Kindergarten like for children, parents and teachers?
  - There is a new Make Children First Coordinator starting and has a lot of experience in research and is very educated in the field.
  - There is a program *Baby and Toddler cooking* (\$20 for 8 weeks) for parents.
- Middle Years Table
  - The team didn't meet over the summer, but there is a Middle Years forum in January at Eugene Reimer for MY service providers.
- Youth Networkers
  - The AYC moved to the Sweeney Neighborhood Centre. The Youth Networkers team toured the Abbotsford Hospice earlier this month and the October meeting will be held at the SACRO/IIT office, November the Youth Centre at MRC. Going to the different offices for these meetings provides more understanding of everyone's workspace.



### *Listening to the Voices*

- Special Needs Advisory Committee
  - The team met the third week of September. There were guest speakers at the meeting. There will be a transition meeting for bridging the gap on March 3. The school board is supporting this and the planning is going well. At the upcoming November 22 meeting, SOS Children's Village will be in attendance. This discussion will be around children with Autism.
- Community of Practice Table
  - Nothing to report.

### **5. Other Discussion Items**

- Triple P Parenting Update
  - i. There has been turnover with the Regional Triple P Parenting Facilitators and it has been a struggle to keep people trained. This program comes from Australia and there is a one-week training, as well as an expense. There are also different communities modifying the program based on their needs, which isn't part of the program. There have been discussions with MCFD regionally around parenting. We need to engage in evidence-based practice and work together. There also needs to be networking between EY and MY, exploring the values around parenting. Abbotsford and Chilliwack still have the Triple P program; Mission is going to phase-out soon. FV CDC will be coordinating the discussion around parenting in the Eastern Fraser Valley.
- There is funding for Connect Parent training that needs to get more community referrals. This is a 10-week program, which may offer this in spring 2018.

***Next ACYC meeting: Thursday, November 23 from 1:00 – 3:00PM in the ACS Boardroom***

***[www.abbotsfordchildandyoung.ca](http://www.abbotsfordchildandyoung.ca)***