

# Families & Children Resources – Quick List

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## ABBOTSFORD COMMUNITY SERVICES

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### Family Centre

604-859-7681 x 266

- A place that fosters the strengths and well-being of individuals and families and our community as a whole. We offer friendly, supportive meeting places where adults and children can share quality time together through formal and informal programs.

### Family Connections & Life Skills

604-859-7681 x 265

- Building relations between parents and children can be rewarding and is possible through the Family Connections program. Working together with MCFD, social workers, and other community stakeholders, families are connecting and building strong foundations. Life skills and home management is offered for parents referred by MCFD.

### Family Education

604-859-7681 x 220 | [fe@abbotsfordcommunityservices.com](mailto:fe@abbotsfordcommunityservices.com)

- We provide support and education to promote change, encourage personal growth and enhance healthy families.

### New Beginnings—Young Parent Program

604-850-7303 x 4 | [abbynewbeginnings.ca](http://abbynewbeginnings.ca)

- Provides education-based programs and support to young parents and their children aged 0 - 3 years. The program offers a flexible schedule for pregnant or parenting students to complete their secondary school education and/or upgrade for college.

## YOUTH RESOURCE CENTRE

604-870-4YRC (4972) | [website](#)

- We offer individualized services for families with teens 12-18 years old and a short-term service with MCFD referral for families with younger children. Services provided in your home, in the community and in our office space.
  - **Family Outreach:** Individualized outreach services for youth and families experiencing conflict: help with communication and negotiation, providing conflict resolution, education and connection to other services in the community.
  - **Rapid Response:** 6-week intensive program for families with children 0-18 years to reduce family crisis and connect to resources. Ministry referral only.

## **ABBOTSFORD PARKS, RECREATION AND CULTURE**

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604-859-3134 | [website](#)

- Encourages and supports the Abbotsford community in the enjoyment of leisure activities by offering recreation, social, and cultural programs for all ages and abilities.

## **CHILD CARE RESOURCE AND REFERRAL (CCRR)**

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604-850-7934 | [crr@abbotsfordcommunityservices.com](mailto:crr@abbotsfordcommunityservices.com) | [website](#)

- Maintains a registry of licensed and licence-not-required care providers. Provides information and referral regarding family day-care homes, group day care centres, preschools, out-of-school care centres, and other specialized programs. Provides assistance with child care subsidy applications.

## **CNIB ABBOTSFORD OFFICE**

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604-746-1192 | HELPLINE: 1-800-563-2642

- Provides a variety of services to help blind, visually impaired, and deafblind individuals gain greater independence. Child and Family Services offers support for children, teens, parents, and families living with vision loss.

## **FRASER VALLEY CHILD DEVELOPMENT CENTRE (FVDC)**

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604-852-2686 | [website](#)

- **Infant and Child Development Program (IDP)**

A FVDC consultant will support the family through the process of developing and implementing a plan that is based on the family's priorities for their child. For families with children birth to age five.

- **Early Intervention Services**

Provides services to children birth to age 5 who are at risk, suspected or have an identified development concern and in any area of development. Services include developmental consultants, speech therapists, physiotherapists and occupational therapists. Families are supported through the process of developing and implementing a plan based on families' priorities. FVDC also has streams of services for children with autism, FASD and early childhood mental health.